





September 2010 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>September 9th is Western Day! Settle your spurs and get along lil' doggie to your school cafeteria! Join us for a Western ho-down and delicious meal fit for any cowboy and cowgirl! Kindly leave horses at the door!</p>		1 Pizza Crisp Green Salad Chilled Pars Oatmeal Cookie Mini Corndogs	2 Chicken Nuggets Potato Rounds Apple Wedges Wheat Roll Fish Patty on Bun	3 Chicken Teriyaki and Fried Rice Steamed Vegetable Blend Chilled Mandarin Oranges Wheat Roll Ernie Cookie Deli Turkey on Sliced Bread (PK3-1) Deli Turkey PoBoy (2-8)
6 Labor Day Holiday No School	7 Crispy Port Taco Mozzarella & American Cheese Shredded Lettuce and Tomato Chilled Mixed Fruit Cinnamon Stick Two-fer on Bun	8 Student Choice	9 Chicken Strips (PK3-1) BBQ Chicken (2-8) Toni's Rice-a-Roni Seasoned Baked Beans Crisp Caesar Salad Cheese Bread  Hot Dog on Bun w/wo Chili	10 Breaded Pork Chop Potatoes in Cheese Sauce Chilled Applesauce Garlic French Bread Pudding with Sprinkles Chicken Nugget Basket
13 Breaded Chicken Patty on Bun w/wo Cheese Sauce Lettuce/Tomato/Pickle Baked Potato Rounds Rice Krispie Treat Deli Turkey on Sliced Bread (PK3-1) Deli Turkey PoBoy (2-8)	14 Chicken Strips (PK3-1) Beef and Bean Burrito (2-8) w/wo Cheese Sauce Lettuce/Tomato/Pickle Chilled Strawberries Jell-O BBQ Pulled Pork on Bun	15 Spaghetti & Meatballs Crisp Garden Salad Chilled Pears Cheese Bread  Shrimp Popper Basket w/Cheese Bread	16 Chicken and Sausage Gumbo Fluffy Rice Potato Salad Apple Wedges French Bread Fudge Brownie Hamburger on Bun w/wo Cheese	17 Crispy Fish Strips Macaroni and Cheese Green Beans Pineapple w/Cherries Wheat Roll Chicken Smacker Basket with Roll
20 Red Beans and Sausage Fluffy Rice Steamed Broccoli Chilled Applesauce Cornbread or Corn Roll Smuckers PB&J Sandwich	21 Seasoned Beef Nachos w/wo Cheese Sauce Seasoned Corn Tossed Salad Cinnamon Roll Hot Dog w/wo Chili	22 Hamburger on Bun w/wo Cheese Lettuce, Tomato and Pickle Baked Potato Smiles Iced Yellow Cake Chicken Strip Basket with Roll	23 Chicken Noodle Soup Grilled Cheese Sandwich Garden Salad Chilled Strawberries Two-fer on Bun	24 New Orleans Chicken Fluffy Rice Steamed Cauliflower Chilled Mandarin Oranges Sesame Seeded Bread Sugar Cookie Fish Patty on Bun
27 Crispy Chicken Smackers Cheesy Mashed Potatoes Seasoned Green Peas Wheat Roll Chocolate Pudding with Sprinkles Hamburger on Bun w/wo Cheese	28 Crispy Pork Taco Mozzarella and American Cheese Shredded Lettuce and Tomato Seasoned Corn Cinnamon Stick Pizza	29 Spaghetti & Meatballs Crisp Caesar Salad Fresh Apple Wedges Italian Bread Deli Turkey on Sliced Bread (PK3-1) Deli Turkey PoBoy (2-8)	30 Mini Corn Dogs Green Salad Baked Crinkle Fries Chocolate Chip Cookie Grilled Cheese Sandwich	31

Note: Menus are subject to change without notice.

Sandwiches are served with 2 fruit/vegetables and milk. Choice of milk is offered daily.



September 15th - Blueberry Nutrition Day

Stop by the Blueberry Nutrition Day table for a delicious sample, fun nutrition facts and activities!

